

| PROGRAM | Reykjavik International Games | |
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| (updated 28.1.19) | 2019 | |
| | Artistic Gymnastics | |
| DATE/TIME | DESCRIPTION | LOCATION |
| Friday 1. February | | |
| 16:00 - 19:00 | Open training in Competition hall (another training time up on request) riggymnastics2019@gmail.com | Laugardalshöll |
| 20:00 - 21:00 | Orientation Meeting | Laugardalshöll 1nd floor Hall 1 |
| Saturday 2. February | | |
| Competition Subdivision 1 11:20 – 11:40 11:40 – 12:40 11:40 – 12:35 12:40 12:50 – 14:20 | General Warm-up WAG Judges Briefing Apparatus Warm-up March In Competition WAG | Laugardalshöll Laugardalshöll 2nd floor Hall 5 and 6 |
| Subdivision 2 14:20 – 14:40 14:50 – 15:50 14:40 – 15:55 16:00 16:05 – 18:20 | General Warm-up MAG Judges Briefing Apparatus Warm-up March In Competition WAG and MAG Award ceremony | Laugardalshöll Laugardalshöll 2nd floor Hall 5 and 6 |
| 18:20 | Get-togethers / refreshments | Laugardalshöll 2nd floor Hall 2 |
| Sunday 3. February | | |
| 18:45 | RIG celebration. The price is 4.500 ISK / 2.250 ISK for 11 years and younger. After the buffet all participants get free entry to the entertainment show. https://www.rig.is/en/february-3rd-2019 | Laugardalshöll |